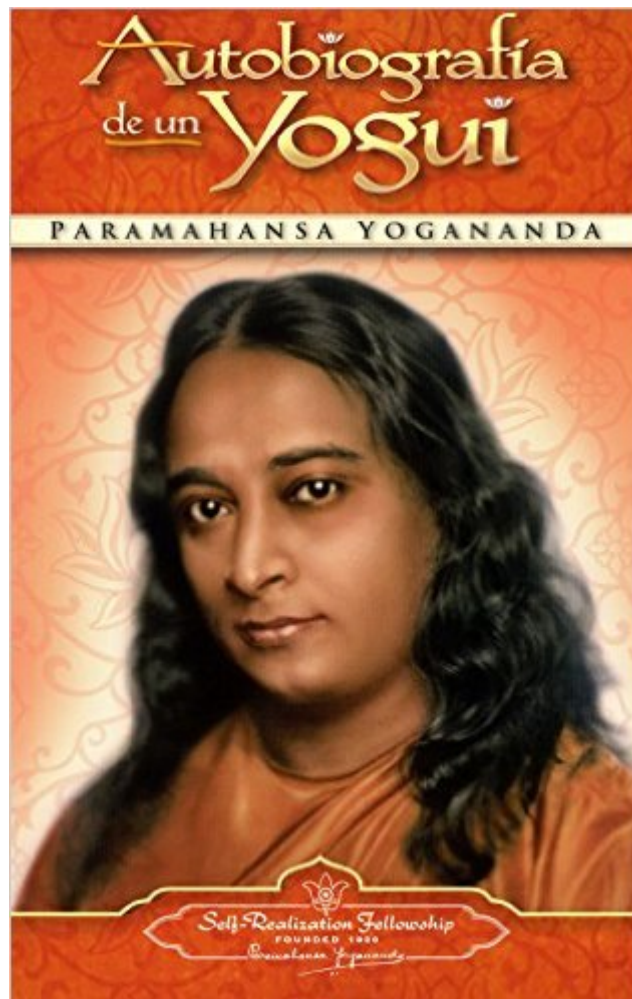


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# Autobiografía De Un Yogui (Autobiography Of A Yogi) (Self-Realization Fellowship) (Spanish Edition)



## Synopsis

El fascinante relato de una extraordinaria búsqueda de la Verdad y una extensa introducción a la ciencia y filosofía a Yoga. Se incluye en ella una gran cantidad de material que Yogananda agregó después de la primera edición aparecida en 1946. En la lista de los 100 mejores libros espirituales del siglo XX New revised and expanded Spanish language edition. Often described as the book that has changed the lives of millions, Paramahansa Yogananda's Autobiography of a Yogi has been translated into 32 languages, and is regarded worldwide as a spiritual classic. It was selected as "One of the 100 Best Spiritual Books of the Twentieth Century." It reads like an adventure story while answering questions about religion, God, existence, yoga, higher consciousness, and the challenges of daily spiritual living. It is a book for people of all faiths; anyone yearning to know what life is truly all about. Self Realization Fellowship's editions, and none others, incorporate all of the author's significant revisions to the text of the 1946 first edition.

## Book Information

Paperback: 776 pages

Publisher: Self-Realization Fellowship (June 1, 1946)

Language: Spanish

ISBN-10: 0876120982

ISBN-13: 978-0876120989

Product Dimensions: 4.7 x 1.3 x 7.5 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (40 customer reviews)

Best Sellers Rank: #212,925 in Books (See Top 100 in Books) #17 in [Books > Libros en español > Salud, mente y cuerpo > Ejercicio y Suficiencia Física](#) #27 in [Books > Libros en español > Salud, mente y cuerpo > Medicina Alternativa](#) #29 in [Books > Libros en español > Biografías y memorias > Líderes y Personas Célebres](#)

## Customer Reviews

I recommend this book to those that are looking for an inspiration and a good jump start in spiritual endeavors!. I purchased this book for myself in the past and I did it again because a good friend of mind wanted this book for a long time. The book arrived in great condition and on time.

La iluminación no es algo que está en el futuro, pues el futuro carece de existencia, no es un camino que recorrer pues no tenemos que llegar a ningún lado, la iluminación está aquí-

ahora... Quieres vivir tu iluminaci3n? Bien prep3rate para despertar!!!

This "divine" spiritual book dramatically changed my life. As a revelation, Paramahansa Yogananda has inspired me to create blogs on Blogger such as El Periodista Espiritual, El Yoga de Jesus and The Spiritual Journalist. This is a spiritual jewel from a "spiritual prodigy" like Dr. Deepak Chopra has said. As an educator myself [human consciousness education], an internationalist and journalist, I can say that Yogananda's teachings "Self-Realization" "a gift for the world, will eternally vibrate within my consciousness and I truly hope that will vibrate as well within those souls thirsty for knowledge on the science of God realization, the science of Yoga. As it is said in the Bible [Psalm 46:10] "Be still and know that I am God." In these few words lies the key to the science of Yoga. I can not compare anything that I have learned in my 40-something-decades of life with what I have learned so far in Yogananda's magisterial lessons. As something that has been evolving within my personality which is the "Spirit of the Arts," it is my compromise to artistically create blogposts and recordings from my param guru, Paramahansa Yogananda and be able to help spread his message on the science of yoga via the Internet.

Lo lei hace como 25 años, cuando estaba recién salido del horno y no entendía prácticamente nada del libro, solo me decía quiero algún día entenderlo. Me inspiró a buscar ser como Yogananda y desde entonces no he dejado de estudiar todo esto. Y después de tantos años lo vuelvo a leer y ahora entiendo todo y no solo eso, puedo decir que es muy cierto y las experiencias vividas de Yogananda nos dejan mucho, es un libro que no te aburrirá y muy recomendable. Y un saludo a todos los habla hispanos!!

Siempre he pensado que estamos diseñados para evolucionar espiritualmente. Este libro provee las herramientas necesarias para alcanzar este elevado fin. Esta obra constituye un t3nico para el alma y la existencia de los seres humanos.

This is a like changing book. Steve Jobs read this every year. I didn't wonder why. This is the best book I've ever read.

Para quien abre su mente a otras posibilidades, siente que hay algo más y tiene curiosidad por ello, este libro pudiera ser el comienzo de una nueva manera de ver la vida. Lo disfrute mucho, me encanto. Este conocimiento va más allá de religiones, dogmas y creencias de cualquier tipo. Si

alguien siente la necesidad de leer este libro, recomiendo que lo haga, no se va a arrepentir.

Paramahansa Yogananda es un increíble author. Su lectura es muy amena, muy sencilla y fácil de entender. Cuando se lee este libro parece que fuera un libro de ciencia ficción por las increíbles anécdotas que cuenta pero todas son verdaderas. Cuando termine de leerlo me di cuenta cuanto trabajo tengo por hacer y no quiero perder mi tiempo. Nuestra meta es crecer espiritualmente.

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