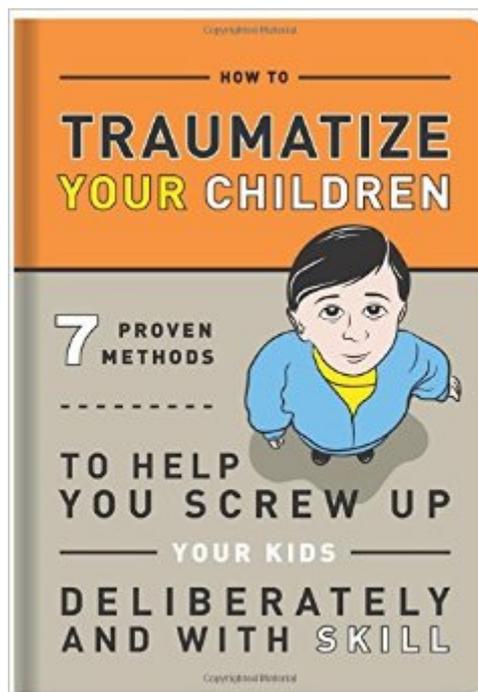


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# How To Traumatize Your Children: 7 Proven Methods To Help You Screw Up Your Kids Deliberately And With Skill



## Synopsis

Parents of the world rejoice! Knock Knock's bestselling *How to Traumatize Your Children* has been revamped with all-new totally dysfunctional illustrations. This groundbreaking instructional volume teaches you how to give your children the lifelong gifts of mental and emotional damage. Whether you employ the same ruinous techniques your parents used or try out an entirely new approach, you are bound to succeed! Learn the latest buzzwords and trends in traumatic parenting! Choose a personal trauma style controlling, indulgent, and more! Paperback; 4.5 x 6.5 inches; 144 pages; written by Knock Knock

## Book Information

Paperback: 144 pages

Publisher: Knock Knock; 2nd Edition edition (September 4, 2011)

Language: English

ISBN-10: 1601063091

ISBN-13: 978-1601063090

Product Dimensions: 0.5 x 4.5 x 6.5 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Shipping Advisory: This item must be shipped separately from other items in your order. Additional shipping charges will not apply.

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (86 customer reviews)

Best Sellers Rank: #11,882 in Books (See Top 100 in Books) #4 in [Books > Parenting & Relationships > Babysitting, Day Care & Child Care](#) #7 in [Books > Humor & Entertainment > Humor > Doctors & Medicine](#) #21 in [Office Products > Office Supplies > Paper > Notebooks & Writing Pads > Subject Notebooks](#)

## Customer Reviews

Question: why would somebody read a parenting guide that advocates traumatizing children?

Answer: because it's really funny! This book describes seven parenting styles that promise to psychologically damage any young person enough to require decades of adult therapy. The schools of parenting include the controller, the pusher, the narcissist, the indulger, the best friend, the self-esteem killer and neglecter. The average reader comes to this book with a vague familiarity of these parenting styles. "How to Traumatize Your Children" gives each of these styles a colorful name and explores the roots and childhood consequences. The hope is to discover and develop a natural parenting style. As the authors write, "When it comes to trauma, there's no wrong way-

there's only poor execution" (p. 17). After the introduction, each chapter features a parenting style with consistent organizational elements. One such element is the developmental stages section; it offers examples of how a given style works when a young person is in utero, an infant, baby, toddler, child, adolescent, teen, young adult and adult. For the neglectful parent, the in utero stage is described as follows, "Don't bother changing your diet or smoking, drinking, and drug habits just because you're pregnant. For fathers, pregnancy is an ideal time to leave without a forwarding address" (p. 135). The authors even explain the compatibility of various dysfunctional parenting styles. "How to Traumatize Your Children" is peppered with 'tidings of trauma' sections which feature germane quotes by various thinkers and celebrities. One of the highlights is by Clarence Darrow who wrote, "The first half of our life is ruined by our parents and the second half by our children.

A pastor was preaching to his flock about sin and the Devil's way. "Illegal drugs will steal your mind and your soul!" he proclaimed. A woman in the back yelled, "Preach it, brother!" "Drink will lead you to perdition!" the pastor thundered. "That's right, pastor!" came the response from the back. "You must not covet your neighbor's wife or go fooling around outside marriage!" he continued. "Keep going, brother," she replied. "Gambling is the Devil's pastime!" he roared. "Now wait a minute, brother," shouted the woman, jumping to her feet, "you just stopped preaching and started meddling!" This book is spot-on hilarious when it is preaching. Yeah, we all know people who do \*that\*, don't we? Glad \*I'm\* not one of them. I'm not that kind of a parent, we smugly think. But then, this book has an annoying tendency to fall into meddling. And then it gets a little uncomfortable and we might shift a bit in our seats. "Well, yeah, but...", we mumbled awkwardly. This book is pretty clearly intended to be a humorous, tongue-in-cheek poke at the perils of modern parenting. Since it's virtually impossible to be the "perfect" parent and avoid "traumatizing" your child, you may as well do so consciously and with skill. The book offers some general guidelines common to all traumatizing parenting methods and then proceeds to list "7 proven methods" to traumatize your child in specific ways to be selected or mixed and matched to go with your personal style. You can chose to be a Controller, a Pusher, a Narcissist, an Indulger, a Best Friend, a Self-Esteem Killer or a Neglector. For better results, you can combine two or more approaches.

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